



We use the 'Get Set 4 PE' scheme of learning for all PE lessons other than swimming which is delivered through Local Authority Swimming Lessons

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals 1	Sending and Receiving	Gymnastics	Introduction to ball skills	Games	Fundamentals 2
Reception  Our Reception children have a specific PE lesson a week but there are opportunities to develop physically in continuous provision.	<b>ELG: Gross Motor Skills</b> <ul style="list-style-type: none"> <li>Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>Demonstrate strength, balance and coordination when playing.</li> <li>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing</li> </ul>					
	<b>Continuous Provision Opportunities</b> <ul style="list-style-type: none"> <li>Through all areas of continuous provision there should be access to physical resources to build, join and create using a wide range of equipment.</li> <li>The children have opportunities to develop physical skills using the scooters and small bikes as well as access to climbing frame equipment.</li> <li>Use of den making and construction allows children to develop fine and gross motor skills</li> </ul>					
Year 1	Fundamentals	Sending and Receiving	Gymnastics	Introduction to ball skills	Games	Fundamentals 2
	Ball Skills	Dance	Net and Wall	Target Games	Striking and Fielding	Athletics
Year 2	Team Building	Invasion	Net and Wall	Ball skills	Fitness	Athletics
	Gymnastics	Dance	Fundamentals	Target Games	Striking and Fielding	Yoga
Year 3	Dance	Gymnastics	Hockey	Hockey	Fitness	Athletics

	Netball	Ball skills	Fundamentals	Yoga	Football	Team invasion games
Year 4	Gymnastics	Fundamentals	Fitness		Dodgeball	Athletics
	Ball Skills	Yoga	Dance	Tennis	Tennis	Badminton (Y5)
Year 5	Gymnastics	Netball	Cricket	Football	Fitness	Athletics
	Fundamentals	Yoga	Ball Skills	Dance	Hockey	Rounders
Year 6	Playground Games	Basketball	Badminton	Hockey	Tennis	Athletics
	Dodgeball	Dance	Dance	Gymnastics	Hockey	Fitness

<https://www.gov.uk/government/publications/research-review-series-pe/research-review-series-pe>